The CIT Mission:
The HSYC Counselor-In-Training program offers past campers educational and leadership experiences, preparing them to be the future leaders of our camp and their communities.
Welcome To HSYC!

You have been selected for the Hermann Sons Youth Camp Counselor-In-Training program because of your positive attitude and personal skills. This summer you will participate in a special leadership program designed to prepare you to be a camp counselor.

As you make friends with other CITs, you will quickly realize you are part of a special team who shares a common bond – fond memories of past camp experiences and the desire to give something back to tomorrow’s campers.

We will do our very best to provide the necessary support and encouragement during this educational experience.

This manual is designed to acquaint you with the procedures and policies of the CIT program. It also serves as a reference tool. You will be responsible for its contents. A hard copy will be available at camp. Should any material in this manual be unclear, direct your questions to the Executive Camp Director, Camp Director or your CIT counselors.
Packing for Camp

While at camp, you will share a dorm with other CITs. The dorm is air-conditioned and accommodates 10-16 CITs. Bathroom facilities are connected to your living area. You will be expected to live out of your suitcase or trunk during your session.

The casual summer clothes you already have will be fine for camp. Bring clothes suitable for hot weather, but be prepared for a couple of cool nights at the start of the summer. Bring a swimsuit for water activities and an old pair of tennis shoes for wading in the river. Jeans are a necessity for some activities like Outdoor Living Skills. Pack a couple of sets of twin sheets, a blanket and a pillow. Bring towels, washcloths and toiletries. CIT2s will need to bring a sleeping bag or something for sleeping in a tent.

Items such as a flashlight, rain poncho, laundry bag, musical instrument, camera, books and games will add to your comfort and enjoyment of camp. You may bring snacks if they are kept neatly in sealed containers. You may want to bring a little spending money for the canteen. Bring costumes and props for the weekly theme. Weekly themes are posted on the website. You are asked not to bring a TV, DVD player, microwave, computer or stereo to camp. Cell phones and small personal music devices (handheld stereos, personal music players) are permitted but specific rules apply to their use. Personal sporting equipment should be stored away from the campers and handled wisely. Please do not bring your pets to camp. Bring any other items you feel are necessary for a comfortable stay, but remember camp assumes no responsibility for any personal property that is lost, stolen or destroyed.

Encourage friends and family to write. It's fun to get mail at camp.

Your camp address:
Hermann Sons Youth Camp
(Please specify Riverside or Hilltop)
Your Name, CIT
PO Box 629, Comfort, TX 78013

In an emergency you can be reached through our camp office. Call Hilltop Camp at 830-995-3223 or Riverside Camp at 830-995-3617. The Executive Director's home phone is 830-995-2457. Camp cannot accept summer E-Mail or Faxes for you.
Counselor-In-Training Program

PURPOSE
The purpose of the CIT Program is to provide past campers (who are current Hermann Sons members) opportunities to participate in leadership training designed to prepare them to be future counselors. Participants are selected from candidates attending CIT camp (CIT Interview Camp) earlier in the year.

The program has two volunteer levels - CIT1 and CIT2 (for persons completing their freshman and sophomore years of high school respectfully).

CITs live in housing separate from the campers for their one-week session. CITs pay one-half the camper fee to participate in the program.

PROGRAM
A. Leadership Training Curriculum
   Interactive sessions designed to increase camp knowledge and leadership skills.
B. Counselor Mentors
   Each CIT is assigned a dorm and activities and spend part of their day assisting and observing counselor mentors.
C. Entertaining Activities
   CITs participate in a variety of activities designed for them and just for the fun of it!

CIT RULES
- CITs are older campers in a special leadership program.
- CITs are not allowed to leave the camp at any time unless accompanied by their parent or a Director’s Staff member.
- CITs have no off camp privileges.
- CITs are not allowed in Counselor rooms, the Lounge, the Spot or other private areas.
CITs AND THE CAMP PROGRAM
The following is a summary of the camp schedule for CITs.

7:30 AM - Rise & Shine

8:00 AM - Flag Raising

8:15 AM - Breakfast
CITs eat all their meals together.

8:45 - 9:15 AM - Dorm Duty
CITs are responsible for cleaning their dorm during this morning duty. Your room should remain neat and clean at all times.

9:15 AM - 11:50 PM - Morning Activities
During morning activities CITs will be in leadership sessions or camper activities where they will observe and assist. During afternoon activities CITs will participate in one camper activity period and special CIT activities.

12:00 PM - Lunch

1:00 - 2:30 PM - Rest Period
Some rest periods are spent in a leadership activity and some will be free time.

2:30 - 5:05 PM - Afternoon Activities

5:15 PM - Flag Lowering

5:30 PM - Supper

6:30 PM - Nightly Program
CITs will participate in some Nightly Program events and sometimes in their own special program.

9:45 PM - Friendship Circle or Taps

10:00 PM - Lights Out

On Saturday morning after breakfast we conclude the week with our Closing Ceremony. CITs are responsible for cleaning their dorm before being released at approximately 9:30 AM. CITs must check out with their counselor.
Administrative Policies

Program Participation
CIT program participation is on a volunteer basis. Camp will charge a program fee and will provide your housing, meals, and an educational curriculum.

Acceptance Requirements
Camp requires all CITs complete the acceptance form provided. In addition, a health history update is required. These forms should be mailed to camp with a check for the program fee to reserve your spot. You may not participate in the program without these documents.
Camp Policies

**Conduct Unbecoming a CIT**
Insubordination, gross misconduct, abusive actions toward other campers or CITs, neglect or absence from assigned responsibilities, inappropriate language or actions, damage or unauthorized use of camp facilities or property, theft, and violation or the law or camp rules will result in disciplinary action that may include dismissal from the program.

**Alcohol, Illegal Drugs and Tobacco**
Alcohol and illegal drugs may not be brought on camp property. Any violation of this rule will result in immediate dismissal from the program. Camp is a tobacco free environment. Tobacco products are not to be brought to camp.

**Standards of Dress**
A CIT’s appearance effects camper perceptions, parent impressions and camp’s image.

- A CIT’s appearance should be neat and properly groomed at all times and may not change significantly during a session.
- Hair must be neat and clean and worn in a style conducive to camp’s image. Men’s facial hair must be kept neat and trimmed.
- Clothing worn must be tasteful and reflect the position image of camp. Clothing which contains logos or inferences about alcohol, drugs or messages of a violent or sexual nature is not allowed. Swimsuits may be stylish but not extreme. All CITs must wear shoes outdoors and jeans in activities where campers are required to wear the same.
- Other than earrings, no jewelry requiring body piercing will be visible at any time on camp property. Decisions concerning the number and style of earrings shall be the discretion of the Camp Director.
- Tattoos deemed inappropriate or distracting will be kept covered at all times.

All decisions concerning appropriate standards of dress are at the discretion of the Executive Camp Director.

**Personal Possessions**
You are asked not bring to camp a TV, DVD player, microwave, computer or stereo. Cell phones may only be used during scheduled off time and only where campers cannot see or hear. Small personal handheld music systems are permitted but may be played only during times specified by the CIT Counselors. Music, clothing, video, reading or other materials that are sexually explicit, profane or deemed inappropriate for the camp environment will not be permitted at camp. Personal vehicles must be parked in assigned areas. The vehicle and its contents are subject to all rules and policies of camp. Personal sporting equipment should be stored away from the campers. Pets are not permitted at camp. Camp assumes not responsibility for personal property lost, stolen or destroyed.

**Time On Camp**
You may not leave camp at any time without being accompanied by a member of the Director’s staff. Friends and relatives are not permitted to visit during the week.
**Pranks**
CITs are not allowed to participate in pranks.

**Phones**
All camp phones are for camp business only. Telephone numbers are listed in the Packing for Camp section of this manual. Personal cell phones may only be used during scheduled off time and only in the CIT Dorm or another designated area.

**Gifts**
No CIT will accept money or expensive gifts from campers or their parents. If you receive a gift notify your counselor.

**Gambling**
Gambling is prohibited.

**Snacks**
CITs should not eat or drink snacks in front of campers that are not available to campers through the camp program. Save it for your time off.

**Weapons and Explosives**
The possession of guns, knives or other weapons on camp property is prohibited. OLS and craft knives may be permitted at the discretion of the Camp Director. Explosives are prohibited. Model rocket engines should be used only under strict activity guidelines.

**Lounge Rules**
CITs do not have lounge privileges.

**Restricted Areas**
The following areas are off limits at night or during non-program times -
- Administrative Offices
- Canteen
- Private Residences or Quarters (except by invitation)
- Kitchen
- Any place outside the immediate camp area (including the other camp and areas between the two camps).

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*Children*
*eager, anxious*
*livin’ for the summer*
*wanting to laugh, explore, create campers*
Hermann Sons Youth Camp
PO Box 629; Comfort, TX 78013

Jennifer Cernosek
Executive Director

Phone ~ 830-995-3223
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Email ~ hsync@texashermannsons.org
Website ~ www.hermannsons.org

John Sorbel, Hilltop Director
Katie Klohn, Riverside Director