



**Help the  
Hermann Sons  
Grand Lodge and  
its Local Lodges send**



**HUGS  
FROM  
HOME**

**Care Packages  
to our troops  
in Iraq & Afghanistan!**

**Make a contribution or  
donate items listed below.**

**Send *items* to:  
Hermann Sons Grand Lodge  
515 S. St. Mary's Street  
San Antonio, TX 78205  
Attn: Kim Krueger**

**Send *monetary donations* to:  
Hermann Sons Grand Lodge  
P.O. Box 1941  
San Antonio, TX 78205  
Attn: Kim Krueger**

**Remember that items will be going overseas.**

**Keep items small and travel-size.**

**Most likely they will be going in backpacks.**

**NOTHING IN AEROSOL CANS, GLASS OR  
ANY FOOD ITEMS CONTAINING PORK.**

**If you have questions, call the  
Grand Lodge Fraternal Department  
at 210-226-9261 or 1-800-234-4124.**

- Individual drink mixes for bottled water (such as Crystal Lite On The Go, flavors others than lemonade)
- Hard candies and candy that does not melt (Twizzlers, Starburst, Skittles, Hot Tamales, Atomic Fireballs)
- Cereal bars, granola bars, protein bars
- Tuna in aluminum zip-open packs
- Tuna and other meats in pop-top cans (no pork)
- Canned fruit with pop-top or dried fruit
- Gum, sugar-free and regular
- Rice cakes or Rice Krispie Treats
- Nuts, trail mix, sunflower seeds
- Pre-packaged cakes and cookies
- Beef jerky
- Vienna Sausage (Chicken Flavor)
- Hand-sanitizer
- Chapstick with SPF 15
- Shower gel
- Shampoo and conditioner
- Shaving gel (no aerosol cans)
- Deodrant (stick, mostly men's)
- Toothpaste and brush
- Mouthwash and floss
- Lotions
- Foot powder
- Nair and razors
- Fingernail clippers
- Baby wipes in soft resealable packs (80-count, not travel size)
- Q-tips
- Socks, white and black, sport and boot style for men and women
- CDs and DVDs
- Hand-held games
- Word puzzle books
- Writing materials including tablets, envelopes, pens, blank cards (no stamps)
- Batteries (AA and AAA)
- Sunblock with 30 SPF or higher
- Bug repellent with 25% Deets or higher (no aerosol)
- Eyedrops
- Battery-operated hand-held fans

